

START HERE

Are you using cannabis for medicinal or recreational purposes?

Recreational

Medicinal

Consult "Tool for Initiating Discussions – Medicinal Cannabis"

No

Continue with usual care

COMMUNICATE | Cannabis may affect certain health conditions and medications. May I ask you a few questions about your cannabis use?

How are you using cannabis (i.e., smoking, vaporizing, edibles)?

If other:

How many times do you typically use cannabis? Per day: Per week:

EDUCATE

Smoking cannabis exposes you to many of the same toxic chemicals as smoking tobacco. Vaporizing or consuming edibles are considered safer options.¹

COMMUNICATE | Where do you obtain your cannabis from? (Select one).

Legal recreational source (i.e., Ontario Cannabis Store)

Illegal recreational source (i.e., illegal dispensary or other dealer)

EDUCATE

Purchasing cannabis through a legal recreational source ensures the quality and content of the product you are using.²

ASSESS | Would you mind if I checked your medication record and asked you a few questions to see if there are any situations that could put your health at risk?^{2,3} Check all that apply:

Pregnancy

Breastfeeding

Personal or family history of psychosis

Severe liver, kidney, heart or lung disease

Under the age of 25

History of drug/alcohol addiction disorder

Interactions with current medications (i.e., CYP3A4 inhibitors and inducers, CYP1A2 substrates, CYP2C9 inhibitors, anticholinergics, CNS depressants)



TIP: Check the RxTx Cannabis Monograph for more information

EDUCATE

Cannabis may affect brain development, which stops at about the age of 25. Despite its minimum age of recreational use being 19 in Ontario, cannabis use is not advisable below the age of 25.⁴

None apply

COMMUNICATE | So the good news is that I did not identify any safety issues with your cannabis use. That being said, if you have any questions or if there are changes to your health or medications, do not hesitate to contact us and we can discuss this further.

ACTION | Continue to monitor for safety and drug interactions.

One or more apply

ASSESS | Is it safe for this patient to use cannabis?

YES | Responsible use of recreational cannabis is safe. Comments:

ACTION | Follow up with patient at next refill and continue to monitor for safety and drug interactions.

NO | Based on current health status, use of recreational cannabis is not advisable. Comments:

EDUCATE

I recommend that you stop using or at least cut back significantly on your use of cannabis because [explain patient-specific risks of cannabis use].





References

1. Health Canada. 2013. Information for Health Care Professionals: Cannabis (marihuana, marijuana) and the cannabinoids. Available from: <https://www.canada.ca/en/health-canada/services/drugs-medication/cannabis/information-medical-practitioners/information-health-care-professionals-cannabis-cannabinoids.html#chp31>
2. Health Canada. July 2016. Consumer Information - Cannabis (Marihuana, marijuana). Available from: <https://www.canada.ca/en/health-canada/services/drugs-medication/cannabis/licensed-producers/consumer-information-cannabis.html>
3. RxTx. Ottawa (ON): Canadian Pharmacists Association; c2018. CPS online: Cannabis. Available from: www.myrxtx.ca
4. Health Canada. 2018. What you need to know about cannabis. Available from: <https://www.canada.ca/en/services/health/campaigns/cannabis/canadians.html>