



START HERE

Are you using cannabis for medicinal or recreational purposes?

Medicinal

Recreational

Consult "Tool for Initiating Discussions – Recreational Cannabis"

No

Continue with usual care

COMMUNICATE | May I ask you a few questions about your cannabis use?

What medical condition(s) are you using cannabis for?

How long have you been using medicinal cannabis?

How are you using cannabis (i.e. smoking, vaporizing, edibles)?

If other: _____

What is the tetrahydrocannabinol (THC) and cannabidiol (CBD) content of the cannabis you are using?

THC = _____ (% or mg/mL); CBD = _____ (% or mg/mL)

How much cannabis do you typically use per day? _____ grams

How many times do you typically use cannabis:

Per day? _____ Per week? _____

EDUCATE

Smoking cannabis exposes you to many of the same toxic chemicals as smoking tobacco. Vaporizing or consuming edibles are considered safer options.¹

COMMUNICATE | Where do you obtain your cannabis from? (Select one).

☐

Legal medicinal source

(i.e., authorized by a healthcare practitioner and distributed by licensed producer)

Prescriber Information

Name: _____

Licence No: _____

Phone Number: _____

Fax Number: _____

Licensed Producer (LP) Information

LP Name: _____

☐

Legal recreational source

(i.e., Ontario Cannabis Store)

☐

Illegal recreational source

(i.e., illegal dispensary)

EDUCATE

Purchasing cannabis through a legal recreational source ensures the quality and content of the product you are using.²

ASSESS | Would you mind if I checked your medication record and asked you a few questions to see if there are any situations that could put your health at risk?^{2,3} Check all that apply:

☐

Pregnancy

☐

Breastfeeding

☐

Personal or family history of psychosis

☐

Severe liver, kidney, heart or lung disease

☐

Under the age of 25

☐

History of drug/alcohol addiction disorder

☐

Interactions with current medications (i.e., CYP3A4 inhibitors and inducers, CYP1A2 substrates, CYP2C9 inhibitors, anticholinergics, CNS depressants)



TIP: Check the RxTx Cannabis Monograph for more information

EDUCATE

Cannabis may affect brain development, which stops at about the age of 25. Despite minimum age of recreational use being 19 in Ontario, cannabis use is not advisable below the age of 25.⁴

Please proceed to the next page.



COMMUNICATE | May I ask you a few questions about your

?

How long have you been experiencing

:

Describe your symptoms of

:

Have you tried taking anything (including prescription or over-the-counter medications or supplements) else to relieve your symptoms (in the past or present)?

☐ Yes ☐ No

If yes:

What is/was the medication name?	Are you still taking this?	What is/was the dose?	How many times per day?	Comments:

Is cannabis helping to relieve your symptoms? ☐ Yes ☐ No ☐ Unsure

Are you experiencing any side effects from cannabis? ☐ Yes ☐ No

If yes, what are the side effects?



ASSESS | Is current cannabis therapy appropriate for this patient? INDICATION

What is the level of evidence for the use of cannabis for this condition?

TIP: Check the RxTx Cannabis Monograph for more information

EFFICACY

Has the patient tried other medications for his/her condition at appropriate doses?

- Did these medications have limited efficacy?

To what degree is cannabis providing symptom relief?

SAFETY

Are contraindications (if any) relative or absolute?
What is the risk of adverse effects in this patient?
Is cannabis the safest option for this patient?

☐ **YES** – Current cannabis therapy is appropriate.
Comments:



COMMUNICATE | If you are interested, we can give you a log book to monitor your cannabis use and help you find the right dose. If you have any questions about cannabis, do not hesitate to contact the pharmacy.

TIP: Medicinal Cannabis – Patient Log Book



ACTION | Continue to monitor for safety and efficacy.

☐ **NO** – Current cannabis therapy is not appropriate.

Comments:



COMMUNICATE

Your current use of cannabis is not appropriate for you given

After assessing the information you provided me with, I suggest

With your permission, I would like to contact your prescriber to discuss and implement this change to your therapy.



ACTION | Contact prescriber to recommend **modification** of cannabis therapy and/or initiation of alternate therapy. Continue to monitor for safety and efficacy.

ACTION | Contact prescriber to recommend **discontinuation** of cannabis and initiation of alternate therapy. Continue to monitor for safety and efficacy.

TIP: Cannabis Pharmaceutical Opinion Worksheet

References

1. Health Canada. 2013. Information for Health Care Professionals: Cannabis (marijuana) and the cannabinoids. Available from: <https://www.canada.ca/en/health-canada/services/drugs-medication/cannabis/information-medical-practitioners/information-health-care-professionals-cannabis-cannabinoids.html#chp31>
2. Health Canada. July 2016. Consumer Information - Cannabis (Marijuana, marijuana). Available from: <https://www.canada.ca/en/health-canada/services/drugs-medication/cannabis/licensed-producers/consumer-information-cannabis.html>
3. RxTx. Ottawa (ON): Canadian Pharmacists Association; c2018. CPS online: Cannabis. Available from: www.myrxtx.ca
4. Health Canada. 2018. What you need to know about cannabis. Available from: <https://www.canada.ca/en/services/health/campaigns/cannabis/canadians.html>