



National Obesity Certificate Program
November 15, 2008
BMO Institute for Learning, Toronto



Draft **AGENDA**

- 07:30 Registration and Breakfast
- 08:00 Program Introduction
- 08:15 Introduction to Obesity
Sean Wharton, PharmD, MD, FRCPC
- Pathophysiology, Metabolic Syndrome, and Cardiovascular Disease
Sean Wharton, PharmD, MD, FRCPC
- 09:15 Evaluation of Obesity and Metabolic Syndrome
Richard H. Tytus, BScPhm, MD, CCFP, FCFP
- 09:45 Bariatric Surgery
Richard H. Tytus, BScPhm, MD, CCFP, FCFP
- 10:00 Break
- 10:15 Behavioural Approaches and Barriers to Lifestyle Modification
Valerie Taylor MD, FRCPC
- 11:15 Pharmacotherapy, Over-the-Counter Products and Alternative Therapies
Tom Smiley, BScPhm, PharmD
- 12:00 Lunch (Working lunch from 12:30 – 1:00)
- 12:30 Practical Approaches to Nutritional Intervention
Carol Clarke, BA, BAsC, RD
- 13:30 Role of Physical Activity
Robert Ross, PhD
- 14:30 Case Studies – RT, TS, AA
- 16:30 Q&A and Panel Discussion
- 17:00 Closing Remarks and Wrap-up

Faculty

Robert Ross, PhD
Professor, School of Kinesiology and Health Studies
Faculty of Medicine, Queen's University

Tom Smiley, BScPhm, PharmD
Pharmacist Consultant
Pharmavision Health Consulting Inc.

Richard H. Tytus, BScPhm, MD, CCFP, FCFP
Family Physician,
Main Medical Family Health Team
Associate Clinical Professor
Family Medicine, McMaster University

Valerie Taylor MD, FRCPC
Assistant Professor
Dept of Psychiatry and Behavioral Neuroscience
McMaster University

Carol Clarke, BA, BAsC, RD
Registered Dietician/Nutrition Consultant

Sean Wharton, PharmD, MD, FRCPC
Internal/Bariatric Medicine
The Wharton Medical Clinic and Weight Management Centre

Case Facilitator: Aaron Aaoki, RPh, BScPhm, MBA, CRE, CDE
Drug Information Pharmacist
Drug Information and Research Centre
Ontario Pharmacists' Association